



Khan Tengri Trek

Trip dossier

ID	KHTT15	Days/Km	15/130
Location	Central Tien Shan	Grade	Steady Extra
Max altitude	4000 m	Daily gain	500-800 m

Toughest and the most challenging trek in our collection, It takes you to remote east corner of Kyrgyzstan - Inylchek valley, home to biggest glacier of Kyrgyzstan and highest peaks in the region Khan Tengri 7010 m and Pobeda 4739 m. Observe Inylchek valley from the height of the birds flight, see unique Mertzbahe lake from a distance and finally finish at the base camp in the foot hills of massive walls of Khan Tengri and Pobeda peaks where climbers all over the world would start their ambitious climbs. Trek starts in green and forested Djergalan valley, beautiful with a profusion of flowers and lush grass pastures. Here, porters take over and carry personal luggage and camping gear for the trek through stunning mountain scenery: cool juniper groves, many tempestuous rivers, high glaciated summits and a wide variety of colorful panoramas with breathtaking landscapes. From Sary Djaz which was closed for trekkers in Soviet times due to its neighborhood with China we trek over another range to find ourselves above Inylchek glacier with Nansen peak north face right before us. We might meet a few Kyrgyz shepherds on the way up and even camp close enough to observe at first hand how these sturdy people live. But generally the area is rarely visited by trekkers and therefore is abounded with wild and bird life: mountain goats, Marco Polo sheep, deer, foxes, wolves, plenty of marmots etc. Several Golden Eagles have their home here along with other colorful bird and wild-life. The tour begins and ends with the opportunity to visit some of Kyrgyzstan's finest cultural and historical treasures. There will be time at the end of the trek for sightseeing and shopping in Karakol's and Bishkek's bazaars, and we will gather together for a banquet on the final night.

Grade

The tour is ten days trekking on foot. Paths are generally in good condition. On the glacier there will be no trail so the guides will make a direction for you. Mountain passes are steep but not technically difficult. The trek is porter-assisted, so you need to carry only a day pack with some of your belongings. Average walking time is around 7-8 hours per day. Daily altitude gain is about 500-800 m. You must be reasonably fit to attempt this trek. Trekking/hiking and camping background advisable but not essential.

Trek Crew

The trek is assisted by guide, cook and porters who carry camping gear for the trek.



1 Day

Bishkek - Karakol

Arrive Bishkek in the morning. Meet agent and van. Drive 400 km to Karakol town based on the eastern end of Issyk Kul lake – the second largest alpine lake in the world after lake Titicaca in South America. Short sightseeing around the town visiting the most interesting sights: Russian Orthodox Holy Trinity cathedral built in 1856 without a single nail and Dungan mosque built in in shape of Chinese padoga. Overnight in hotel.

2 Day

Karakol - Djergalan valley

After breakfast we drive Djergalan valley by exciting mountain road winding through the forests and between rocks along rushing waters of mountain rivers. Short trek upstream along the Djergalan river to camp close to Djergalan pass. Overnight in tents.

3 Day

Djergalan valley - Tup valley

Trek over Djergalan pass to Tyup valley. Today we follow poor jeep tracks gradually gaining the height along the valley floor to the foothills of Asuu-Tor pass of 3649 m. Overnight in tents.



4 Day

Tup valley - Djanalach valley

Trek over Asuu Tor pass of 3649m to Ashu Airyk valley. Trek downstream for the rest of the day along the grassy slopes of Ashu Airy to conjunction with Djanalach valley. Overnight in tents.

5 Day

Djanalach valley - Sary Jaz valley

Its a long day today, we trek up stream along alpine meadows and over Echkilitash pass (3723 m) to Sary Jaz valley. Sometimes the trail could be rough and destroyed and we trek for a while along dry river bed to Sary-Djaz valley to catch up with military outpost and get registered with border guard unit. We camp over Sary Jaz river - on of the mighty rivers in Kyrgyzstan. These territories were closed for visitors at Soviet times due to its neighborhood with China and even these days we should apply for special permit to visit an area. Overnight in tents.



6 Day

Say Jaz valley - Tuz valley

Another long day. We trek upstream of Tuz valley to its higher grounds. Trail is in good condition and mainly flat. We are now pretty close to getting over Tuz pass to get to Inylchek glacier valley. Overnight in tents.



7 Day

Tuz valley - Chon Tash

Trek over Tuz pass 4001 m. On th stop of the pass catch a breathtaking panorama over Inylchek glacier and highest peaks of Kyrgyzstan: Khan Tengri and Pobeda peaks seen from the distance and impressive wall of Nansen peak just in from of us. Trek all th way down to the valley bottom. Short trek up the Inylchek valley to Chong Tash campsite. Half day free to regain energy, read book or enjoy sunbathing. Overnight in tents.





8 Day

Chon Tash - Glina

Approach glacier by trekking up along huge mountain river flowing from large ice grotto. Climb up a glacier to traverse to right bank. It will take some time as there is no trail on this section. We will now trek along side moraines for a few days. Trek to Glina campsite. Overnight in tents on the side moraine.



9 Day

Glina - Merzbacher glade

Half day trek to Merzbacher glade – the green meadow across Merzbacher lake. On a glade there is a research station built in recent years to observe the glacier and Merzbacher lake. Free time for rest. Overnight in tents or cabin.



10 Day

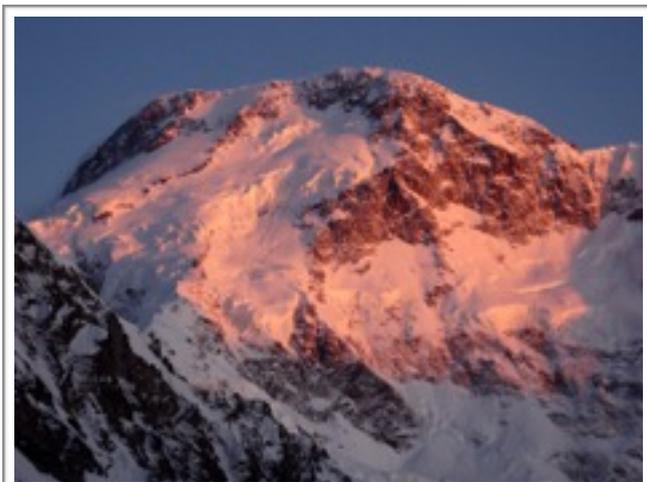
Merzbacher glade - Komsomolets glacier

Full day trek along the glacier towards conjunction with Komsomolets glacier. Rocky walls and snowy peaks all around us. At night the clear view of milky way is unparalleled. Overnight in tents.

11 Day

Komsomolets glacier - South Inylchek BC

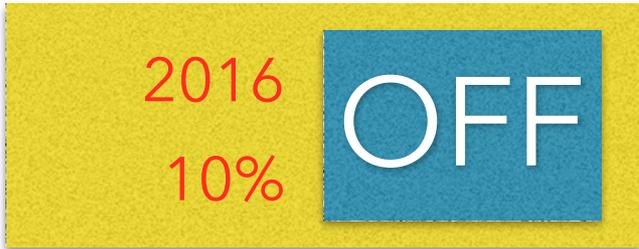
Final leg to South Inylchek base camp. Once we approach we see stunning Khan Tengri peak on the left and mighty Pobeda peak on the right. Sauna and Vodka in the evening. Overnight in BC tents on twin share basis.



12 Day

South Inylchek glacier - BC

Free day for rest or optional hike to the foothills of Khan Tengri peak. Stay in camp if you like and enjoy the views from the tent. You did a great job already. Overnight in tents.



Price per person 2016

Price per person	1 pax	2 pax	3 pax	4 pax	5 pax	6 pax	7 pax	8 pax	9 pax	10 pax
Price in USD	4.315	2.930	2.550	2.240	2.150	2.000	1.950	1.890	1.850	1.825

ALL PRICES ARE SUBJECT TO CHANGE UNLESS CONFIRMED BY ACTUAL RESERVATION

Tour price includes:

- 4 Season tents	- Porters/Cook/Guide services
- Full board whilst on trek	- National and state park fees
- Border zone permit	- Hotel accommodation (**/***)
- Kitchenware+camping gas	- All relevant transportation incl heli transfer

*Price is based on double occupancy in hotels and tents.

THERE ARE NO OTHER HIDDEN FEES

13 Day

South Inylchek BC - Karkara - Issyk Kul lake

Meet helicopter. Fly thru the mountains to Karkara helipad. Meet comfortable aircon vehicle. Drive to the shore of Issyk-Kul lake - the second largest alpine lake in the world. Accommodation in guest house or hotel. Free time for swimming or rest. Overnight in guest house.

14 Day

Issyk Kul lake - Bishkek

Drive to Bishkek (240 km) - the capital city of Kyrgyzstan. Accommodation in guest house. Short sightseeing of Bishkek and free time for souvenir shopping. Overnight in guest house.

15 Day

Bishkek - Airport

Transfer to airport for onward flight to your home or next destination.

Tour price **does not** include:

- Excess baggage costs	- Tips for guides/porters/drivers
- Air fare to Kyrgyzstan	- Certain meal whilst not on trek or tour
- Single accommodations	- All personal expenses, equipment, clothing
- Travel insurance + Medevac charges	- Visa and passport cost

Kyrgyzstan visa regulations: http://www.trekking.kg/travel/visa_and_formalities/

Guests are required to have:

- Sense of Adventure	- Medical and Accident insurance
- Reasonable fitness	- Porterage weight limit 10 kg/person
- Personal travelers' first aid kit	- All appropriate clothing and equipment

Options

You might like an idea to upgrade your accommodation in Bishkek and Karakol for a supplementary fee as well as if you travel in a group and do not want to share the room or tent with another person, a small fee will be collected for single supplement. Also you might want to see all around Bishkek and build-in a few days in the itinerary or even link this trek with other activities in Central Asia. We are able to customize any of our tours.

Weather and average temperatures

Kyrgyzstan has acutely continental climate with cold winters and hot summers. It averages 247 sunny days a year. Situated in a mountainous region Kyrgyzstan has all year round snows in the high lands. The one can expect sub-zero temperatures while in the mountains at any time. Summer time the mornings are generally fine and the afternoons sometimes hazy with occasional rain. Mountain passes over 3500 meters above sea level may have all the year round snow fields on the northern slopes.

At the lower altitudes by tree line or a little above, the temperature ranges between -4°/-6°C (21-24°F) in January to 16-24°C (61-75°F) in July. In the highlands, the temperatures range from -14°/-20°C (6.8°/-4°F) in January to 8-12°C (46-54°F) in July. There are occasional snowfalls during the summer above 3000 metres and winter. The best period for trekking in Tien Shan and Pamir mountains is thru July to October.

Annual temperatures

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
-7C/ 19.4F	-6.5 C/ 21.2F	0.5 C/ 32.9F	6.5 C/ 43.7F	11.5 C/ 52.7F	14 C/ 57.2F	16.5 C/ 61.7 F	15.5 C/ 59.9F	12 C/ 53.6F	6 C/ 42.8F	0.5 C/ 32.9F	-4.5 C/ 32.9F

Elevation profile



Trekking area on the map of Kyrgyzstan



3D Google Earth visualization





For more detailed information
tours&prices etc

If you are interested in this tour and/or would like to combine this tour with other activities in Kyrgyzstan, or build-in this section in a longer tour of Central Asia please do not hesitate to contact us at info@fantasticasia.net for details. We will be happy to answer all your questions and send you most updated prices. Please mention ID of this tour: **KHTT15**

CONTACT DETAILES

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